

GROWS Mentoring Session Plan Worksheet

Use this worksheet as a planning tool before each mentoring session.

- Anticipate the new principal's likely concerns and focus for a session. What will he or she most likely want help with?
- Record some active listening strategies you would like to use in your next mentoring conversation.
- Write some strategic questions ahead of time that will move through each step of the GROWS model.

GOALS

REALITY

OPTIONS

WAY FORWARD

SUMMARY